



# Narragansett High School Lunch

January 2018

**1**  
**No School**  
Happy New Year!

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*side items*

**2**  
**French Toast Sticks w/ Sausage**  
Cheese Filled Pizza Sticks  
Garden Salad

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*side items*  
**Fresh Fruit & Veggie Bar**  
Refried Beans

**3**  
**Cajun Beef Stew w/ Roll**  
Meatball Pizza Sub  
Garden Salad

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*side items*  
**Fresh Fruit & Veggie Bar**  
Seasoned Carrots

**4**  
**Beef & Cheese Nachos**  
Taco Dippers  
Garden Salad

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*side items*  
**Fresh Fruit & Veggie Bar**  
Green Beans

**5**  
**Chicken Tenders w/ Breadstick**  
Steak and Cheese Sub  
Garden Salad

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*side items*  
**Fresh Fruit & Veggie Bar**  
Mixed Vegetables

**8** **Fuel**  
**Hot Dog w/ Toppings**  
N'awlins Spicy Chicken Wrap  
Ranch Popcorn Chicken Salad w/ Breadstick

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**Fresh Fruit & Veggie Bar**  
Mashed Potatoes w/ Gravy

**9** **Fuel**  
**Country Chicken Bowl**  
N'awlins Spicy Chicken Wrap  
Ranch Popcorn Chicken Salad w/ Breadstick

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**Fresh Fruit & Veggie Bar**  
Campfire Beans

**10** **Fuel**  
**French Toast Sticks w/ Sausage**  
N'awlins Spicy Chicken Wrap  
Ranch Popcorn Chicken Salad w/ Breadstick

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**Fresh Fruit & Veggie Bar**  
Seasoned Corn

**11** **Fuel**  
**Beef & Cheese Nachos**  
N'awlins Spicy Chicken Wrap  
Ranch Popcorn Chicken Salad w/ Breadstick

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**Fresh Fruit & Veggie Bar**  
Green Beans

**12** **Fuel**  
**Chicken Tenders w/ Breadstick**  
N'awlins Spicy Chicken Wrap  
Ranch Popcorn Chicken Salad w/ Breadstick

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**Fresh Fruit & Veggie Bar**  
Mashed Potatoes w/ Gravy

**15** **Fuel**  
**No School**  
Martin Luther King Day

**16** **Fuel**  
**National Hot Dog Day - Chili Cheese Dog**  
Lil' Italy Chicken Bowl  
Chicken Caesar Salad w/ Breadstick

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**Fresh Fruit & Veggie Bar**  
Baked Beans

**17** **Fuel**  
**Philly Cheese Steak Subs**  
Lil' Italy Chicken Bowl  
Chicken Caesar Salad w/ Breadstick

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**Fresh Fruit & Veggie Bar**  
Seasoned Carrots

**18** **Fuel**  
**Beef & Cheese Nachos**  
Lil' Italy Chicken Bowl  
Chicken Caesar Salad w/ Breadstick

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**Fresh Fruit & Veggie Bar**  
Green Beans

**19** **Fuel**  
**Cheese Filled Pizza Sticks w/ Marinara**  
Lil' Italy Chicken Bowl  
Chicken Caesar Salad w/ Breadstick

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**Fresh Fruit & Veggie Bar**  
Campfire Beans

**22**  
**Meatloaf w/ Gravy & Roll**  
Taco Dippers w/ Salsa  
Buffalo Chicken Salad

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*side items*  
**Fresh Fruit & Veggie Bar**  
Mashed Potatoes w/ Gravy

**23**  
**Chicken Quesadilla Wedges**  
Pasta & Meatsauce w/ Breadstick  
Buffalo Chicken Salad

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*side items*  
**Fresh Fruit & Veggie Bar**  
Seasoned Carrots

**24**  
**Broccoli & Cheese Baked Potato**  
Taco Dippers  
Buffalo Chicken Salad

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*side items*  
**Fresh Fruit & Veggie Bar**  
Tater Tots

**25**  
**Beef & Cheese Nachos**  
Corn Dog  
Buffalo Chicken Salad

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*side items*  
**Fresh Fruit & Veggie Bar**  
Green Beans

**26**  
**Chicken Tenders w/ Breadstick**  
Cheese Filled Pizza Sticks  
Buffalo Chicken Salad

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*side items*  
**Fresh Fruit & Veggie Bar**  
Seasoned Corn

**29**  
**Chicken Parmesan**  
Mozzarella Sticks w/ Marinara  
Chicken Caesar Salad w/ Breadstick

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*side items*  
**Fresh Fruit & Veggie Bar**  
Mashed Potatoes w/ Gravy

**30**  
**French Toast w/ Sausage**  
Sweet & Sour Chicken  
Chicken Caesar Salad w/ Breadstick

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*side items*  
**Fresh Fruit & Veggie Bar**  
Seasoned Carrots

**31**  
**Cheesy Baked Penne**  
Steak and Cheese Sub  
Chicken Caesar Salad w/ Breadstick

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*side items*  
**Fresh Fruit & Veggie Bar**  
Broccoli

**1**  
**Beef & Cheese Nachos**  
Pasta & Meatsauce w/ Breadstick  
Chicken Caesar Salad w/ Breadstick

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*side items*  
**Fresh Fruit & Veggie Bar**  
Seasoned Corn

**2**  
**Chicken Tenders w/ Breadstick**  
Pizza Sticks w/ Marinara  
Chicken Caesar Salad w/ Breadstick

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*side items*  
**Fresh Fruit & Veggie Bar**  
Baked Beans

Please remember to pay your outstanding balances on your child's accounts as soon as possible.

Make Payments Online at [www.myschoolbucks.com](http://www.myschoolbucks.com)

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk



### Eat Local!

Enjoy local produce from: Lyman Orchards, Springbrook Farms, Manheim Farm, and Ferolink Farms

**Lunch Prices:**  
Reduced: \$0.40, Paid: \$3.00



**Questions? Email:**  
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*Nutritional Messages may vary by school.*

This institution is an equal opportunity provider.

