



Narragansett High School Breakfast

January 2018

1
No School
Happy New Year!

side items

2
Blueberry Bagel w/ Cream Cheese
Bacon, Egg & Cheese Biscuit
Strawberry Grape Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

3
Banana Chocolate Chip Benefit Bar
Bacon, Egg & Cheese English Muffin
Strawberry Grape Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

4
Apple Cinnamon Muffin w/ String Cheese
Bacon, Egg & Cheese Biscuit
Strawberry Grape Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

5
Cinnamon French Toast w/ Syrup
Bacon, Egg & Cheese English Muffin
Strawberry Grape Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

8
Blueberry Pancakes w/ Syrup
Sausage, Egg & Cheese Biscuit
Apple Orange Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

9
Apple Cinnamon Muffin w/ String Cheese
Sausage, Egg & Cheese English Muffin
Apple Orange Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

10
Cinnamon Raisin Bagel w/ Cream Cheese
Sausage, Egg & Cheese Biscuit
Apple Orange Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

11
Apple Bosco Sticks
Sausage, Egg & Cheese English Muffin
Apple Orange Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

12
Blueberry Waffles w/ Syrup
Sausage, Egg & Cheese Biscuit
Apple Orange Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

15
No School
Martin Luther King Day

side items

16
Waffles w/ Syrup
Ham, Egg & Cheese English Muffin
Cinnamon Roll Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

17
French Toast w/ Syrup
Ham, Egg & Cheese English Muffin
Cinnamon Roll Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

18
Cinnamon Raisin Bagel w/ Cream Cheese
Ham, Egg & Cheese English Muffin
Cinnamon Roll Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

19
Pancakes w/ Syrup
Ham, Egg & Cheese English Muffin
Cinnamon Roll Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

22
French Toast w/ Syrup
Bacon, Egg & Cheese Biscuit
Strawberry Pineapple Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

23
Blueberry Muffin w/ String Cheese
Bacon, Egg & Cheese Biscuit
Strawberry Pineapple Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

24
Cherry Frudel
Bacon, Egg & Cheese Biscuit
Strawberry Pineapple Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

25
Waffles w/ Syrup
Bacon, Egg & Cheese Biscuit
Strawberry Pineapple Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

26
French Toast w/ Syrup
Bacon, Egg & Cheese Biscuit
Strawberry Pineapple Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

29
Waffles w/ Syrup
Sausage, Egg & Cheese English Muffin
Apple Orange Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

30
Chocolate Chip Muffin w/ String Cheese
Sausage, Egg & Cheese Biscuit
Apple Orange Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

31
Blueberry Benefit Bar
Sausage, Egg & Cheese English Muffin
Apple Orange Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

1
Hot Breakfast Buffet
Assortment of Hot Food Options and bagels, muffins

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

2
Chocolate Chip Muffin w/ String Cheese
Sausage, Egg & Cheese English Muffin
Apple Orange Smoothie w/ Teddy Grahams

side items
Assorted Whole & Sliced Fruits
100% Fruit Juice & Low-Fat Milk

Please remember to pay your outstanding balances on your child's accounts as soon as possible.

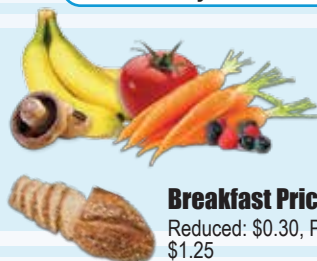
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Make Payments Online at www.myschoolbucks.com



Eat Local!

Enjoy local produce from: Lyman Orchards, Springbrook Farms, Manheim Farm, and Ferolink Farms

Breakfast Prices:
Reduced: \$0.30, Paid: \$1.25



Questions? Email:
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